

Wyoming Soccer Association Concussion Protocol

1. All coaches will complete the CDC Heads Up concussion training upon registration and then every two years.

2. Each season:

- The Director of Coaching (or designee) for each club will hand out the CDC Heads
 Up Concussion <u>FactSheet for Youth Sports Coaches</u> and CDC Heads Up <u>Clipboard</u>
 <u>Concussion Information Sheet</u> to all the coaches and review the concussion protocol.
- Each Coach will hand out the appropriate CDC Heads Up Concussion *Fact Sheets* and review the concussion protocol with all players and parents/guardians.
 - o CDC Heads Up Concussion *Fact Sheet for Athletes* (<u>Ages 11-13</u> or <u>Ages 14-18</u>) to all players.
 - o CDC Heads Up Concussion <u>Fact Sheet for Youth Sports Parents</u> to all parents/guardians.
- 3. Possible concussion identified.
- 4. Appropriate care provided to victim.
- 5. Trainer, first responder, or coach complete <u>Possible Concussion Notification form</u> and upper portion of the WSA Concussion Return to Play Form (paper or electronic), submit to state. Generate a copy of Return to Play Form for player/parent.
- Call to parent, notify of possible concussion, provide CDC Heads Up Concussion
 Information Sheet and Return to Play Form, player must see medical provider before return to play.
- 7. Player sees medical provider (MD, DO, NP, PA), provider completes Medical Provider Recommendations portion of Return to Play Form.
- 8. Completed form returned via email to WSA (<u>wssa@wyomingsoccer.com</u>) for provider verification and final approval.
- 9. WSA notifies club that player may return to play.