

Anne Moore

Director of Coaching Report

Olympic Development Summary

January 2-3, 2010 The training session for all players was held in Laramie, Wyoming at the UW turf indoor field. Clinicians included: Jim Gardner, LCCC women's Head Coach, James Learned, ODP Staff coach, Jonathan Boyer, Laramie Blizzard Director of Coaching, Kaylin Olivas, Goalkeeper trainer and Jamie Scarcliff Former UW goalkeeper. (3) one and a half hour sessions were provided for players covering: basic defending, team defensive shape, transition between offense to defense, possession with first touch out of pressure.

January 30-31, 2010 The training session for all players was held at the University of Wyoming indoor turf practice field. Clinicians will include: Jim Gardner, LCCC women's head coach, James Learned, ODP staff coach, Kaylin Olivas, and Jamie Scarcliff for goalkeepers. The Fort Collins Arsenal and South Dakota ODP brought teams to play friendly games against the: 97/96/95/94 girls, 97 boys, 96/95 boys, 94/93 boys. Our teams played against the top teams from the Arsenal club teams and had relatively good success given the mixing of age groups and lack of full squads. The 95/96 girls won 5-0, 96 boys lost 1-2, 9 95/94 boys/girls lost 1-3, 94/93/92 boys/girls lost 0-4.

February 5-7, 2010 New Mexico Rush Showcase Tournament

The 1997 boys and 1993/94/95 mixed boys played in the New Mexico Showcase in the U-13 and U-17 brackets respectively. The 1997 boys lost all three games but only by a very small margin. The older boys group won one, tied one, and lost two. Several 1996/95 boys played with a 307 team in Arizona the same weekend for a tournament.

March 6-7, 2010 The final winter training session for all players was held in Casper in conjunction with the Wyoming State Coaching Symposium. US Youth Soccer sent Brian Pitts, the South Dakota State Director of Coaching as the key clinician for the Symposium. He covered a classroom topic: "Role of the Goalkeeper in Attack and Defense." ODP players were used for the field sessions which included: "Training the Goalkeeper – Proper technique and safety concerns", "Managing the 1st touch for our Advantage". "Improving and Increasing Speed of Play", "Incorporating the Keeper into Team practices", "Attacking the Final 1/3" The other Symposium sessions were covered by Anne Moore and Jim Gardner included: "Transition – the key to successful attacking and defending", "Teaching the Flat Back Four", "Developing the Attacking Mentality with Numbers Up", "Building a Technical Foundation for Youth Soccer player", "How the State Staff can Assist You". Separate ODP trainings were provided to the teams who were not involved with they Symposium sessions. Jim Gardner, Head Women's Coach at LCCC, Kaylin Olivas, Goalkeeper trainer, Jamie Scarcliff, Former UW goalkeeper were all the clinicians used for the ODP training.

June 5-6, 2010 ODP tactical training was held in Cheyenne for all age-groups in preparation for upcoming showcases in Colorado. Games were scheduled for June 5th against the Boulder FC club and the Cheyenne Sting Soccer Club for practice before the tournament. The girls played against the U-14 Cheyenne Sting team and the

1993/1994/1995 Boys played against the Cheyenne High School boys group on Saturday. The 1997 boys played the Boulder U-13 girls and the 1996/95 boys played the Boulder U-13 Boys team.

June 11-13 , 2010 The 97/96/94/93 girls participated in the Boulder Showcase where they played 1 game in the top division and then had the rest of the games rained out. We received a refund for the tournament and will be using the funds to take the girls to Park City in August.

June 18-20. The 95/94/93 boys participated in the Boulder Showcase in the gold division and won 1 game, and lost the next 3. The 95/96 boys lost 2 games and won 1. The 1997 Boys lost all 4 games but competed well in the tournament.

June 29-July 3, 2010 1993 Girls Region IV camp – (1) GK attended

June 30-July 5, 2010 1997 Boys Region IV Camp – (13) players attended (3) invitation games (1) Region Pool

July 6-July 12, 2010 1993 Boys Region IV Camp – (2) Players attended

July 11-16, 2010 1997 Girls Region IV Camp – (2) Players attended

July 12-17, 2010 1994 Boys Region IV Camp – (4) Players attended (2) invitation games

July 12-17, 2010 1995 Boys Region IV Camp – (7) Players attended

Both the Boys and Girls ODP camps were geared more towards development for the players by including both tactical and functional training for the players, and was not just an identification camp like in past years. The feedback from the Regional Staff coaches was very good with a common theme that all our players need more technical work with their first touch, especially under pressure. Tactically our players need to make quicker decisions, increase speed of play, and have a better understanding of their role within a system of play. The coaches all felt our players were very coachable and receptive to the information they were being given.

In summary, we need to do a better job as a state creating more technically sound players through our training focusing on dribbling/footwork, passing/receiving, airplay, long ball service/receiving, heading, 1v1 attacking and defending. I see too many teams playing for the win with long balls forward and not developing the skills of the individual players. If we are going to move forward competitively at the higher levels, we need to focus on skill development, challenging our players with better competition in out-of-state tournaments, and sending more players to region camp.

Coach Development Summary

November 14-16, 2009 An E course was completed in Gillette and Casper, Wyoming with (13) participants. All 13 participants received the E license.

December, 2010 The first half Youth National License was held in Jackson, WY with (14) coaches being certified at the National level

January 30-February 1 Both the E and D courses were scheduled in Cheyenne but did not have enough participants registered for the course.

February 20, 2010 Cheyenne Soccer requested a 3 hour Youth Module for their recreational coaches to attend covering basic training for U-6/U-8, U-10/U-12 players. The First half of the Module was geared toward practices for U-6/U-8 players and the second half of the training was for the U-10/U-12 players. Only around 10 coaches participated in the training due to snowy driving conditions. Packets with the training sessions were provided to all of the coaches as well as characteristics of the psychomotor, cognitive, and social developmental levels of the various age-groups. Team administrative & risk management, and injury care and prevention materials were also covered in the packet.

March 6-7, 2010 The final winter training session for all ODP players was held in Casper in conjunction with the Wyoming State Coaching Symposium. US Youth Soccer sent Brian Pitts, the South Dakota State Director of Coaching as the key clinician for the Symposium. He covered a classroom topic: "Role of the Goalkeeper in Attack and Defense." ODP players were used for the field sessions which included: "Training the Goalkeeper – Proper technique and safety concerns", "Managing the 1st touch for our Advantage". "Improving and Increasing Speed of Play", "Incorporating the Keeper into Team practices", "Attacking the Final 1/3" The other Symposium sessions were covered by Anne Moore and Jim Gardner included: "Transition – the key to successful attacking and defending", "Teaching the Flat Back Four", "Developing the Attacking Mentality with Numbers Up", "Building a Technical Foundation for Youth Soccer player", "How the State Staff can Assist You".

March 27, 2010 Torrington Soccer requested a 3 hour Youth Module for their recreational coaches to attend covering basic training for U-6/U-8, U-10/U-12 players. The First half of the Module was geared toward practices for U-6/U-8 players and the second half of the training was for the U-10/U-12 players. Overall, around 15 coaches participated in the training, some staying for both sessions. Packets with the training sessions were provided to all of the coaches as well as characteristics of the psychomotor, cognitive, and social developmental levels of the various age-groups. Team administrative & risk management, and injury care and prevention materials were also covered in the packet.

July 24-25, 2010 E course scheduled for Casper, WY – CANCELLED BUT RESCHEDULED FOR NOV 20-21.

August 21-22 & 28-29 D course scheduled for Jackson, WY